ARMY INSTITUTE OF TECHNOLOGY

CLUB DETAILS

Name of Club :- NSS CLUB

LINK: <u>https://www.instagram.com/nss_and_rotaract_club_ait?igsh=bHRiNTRtcHB2aTdo</u>

Academic Year	:	2023-24
Name of Faculty IC	:	Dr. Sanjay Gaikwad
Name of Secretory	:	Ashok Choudhary (TE IT)
Budget Allocated by Institute	:	1,60,000
Sponsorship Received		-
Events Conducted	:	13

INDEX:

SR	DATE	EVENT	NO OF
No			HOURS
1.	30.08.23	VISIT TO PARAPLEGIC REHAB CENTRE	5 HOURS
2.	21.09.23	NSS FUN EVENTS	3 HOURS
3.	01.10.23	CLEANLINESS DRIVE	4 HOURS
4.	16.10.23	BLOOD DONATION	6 HOURS
5.	10.01.23	LADAKH STUDENTS VISIT TO AIT	4 HOURS
6.	15.01.24	ARMY DAY QUIZ	1 HOURS
7.	13.02.24	ROAD SAFETY AWARENESS SESSION	2 HOURS
8.	14.02.24	CANDLE MARCH	2 HOURS
9.	03.03.24	PLUS POLIO VACCINATION	3 HOURS
10.	01.02.24 to 07.02.24	NSS SPECIAL CAMP	7 DAYS



11.	17.04.24 to	NSS CAMP (SUMMER)	2 DAYS
	18.02.24		
12.	04.05.24	CLEANLINESS DRIVE (KUNDMALA RIVER)	6 HOURS
13.	05.05.24	CLEANLINESS DRIVE (AIT CAMPUS)	4 HOURS



PARAPLEGIC REHAB CENTRE: RAKHI CELEBRATION ANNOUNCEMENT:

NSS Club of AIT made use of their social media handles,

Instagram(@nss_and_rotaract_club_ait), Facebook(@NSS & ROTARACT CLUB OF AIT), and pasted posters around the NSS volunteers and interested students about this amazing event.

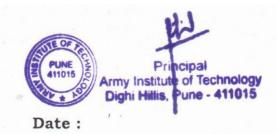
LINK: <u>https://www.instagram.com/p/CwoicAKyvtf/?igsh=MWZnZHc0ejlpdDlhMg==</u> <u>EVENT:</u>

The NSS Club of AIT conducted a visit to Paraplegic Reh ab Centre on the occasion of Rakshabandhan on 30 August 2023. After the heartwarming Rakhi ceremony, where we tied Rakhis on their wrists as a symbol of protection and care, we all gathered for a joyous celebration. Sweets were distributed, and the air was filled with laughter and camaraderie. As we toured the center, we were moved by the glimpses of their remarkable achievements. The walls adorned with vibrant mouth paintings showcased the immense talent and creativity that flourished despite the challenges they faced. Each painting told a unique story, a testament to the human spirit's ability to overcome adversity. Witnessing the dedication of the staff in providing physical therapy, emotional support, and skill building was truly uplifting. They had created an environment that fostered growth, independence, and a sense of purpose. Learning about the center's history was inspiring. We discovered that it had been founded years ago with a vision to provide comprehensive rehabilitation and support to individuals with paraplegia. Leaving the center, it carried with us a profound sense of gratitude for the experience. It was a reminder that bonds of love and care transcend physical limitations. The NSS club thanked the brave hearts out there for providing with their valuable time and for making the event a success. The visit had taught us that while life may present challenges, the human spirit is capable of turning those challenges into opportunities for growth and transformation.









NSS FUN EVENT: ANNOUNCEMENT:

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LINK: <u>https://drive.google.com/drive/folders/1j_N8vS1JEay7e0uriHjJTM8kSh_F2GTn</u> EVENT:

The NSS (National Service Scheme) Club of AIT (Army Institute of Technology) organized a Fun events on 21sep2023.

We propose organizing a vibrant sports day event aimed at fostering camaraderie and physical activity among first year participant students. The event will feature a range of engaging activities, including running races, blind volleyball, and lemon spoon races, ensuring there's something for everyone to enjoy.

The proposed sports day event promises to be a memorable occasion, promoting physical activity, teamwork, and fun-filled moments for all participants. With a diverse range of activities and thoughtful arrangements in place, we are confident that this event will be a resounding success.

Name of the Events:

- 1. Relay Race
- 2. Themed field Day
- 3. Nature Scavenger Hunt
- 4. Lemon Spoon Race
- 5. Tug of War











CLEANLINESS DRIVE ANNOUNCEMENT:

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LINK: <u>https://drive.google.com/drive/folders/14tL3w-oYaDihvyiyPyWstwT1CjNkFYjz</u> EVENT:

The NSS (National Service Scheme) Club of AIT (Army Institute of Technology) organized Cleanliness drive on 1nd oct 2023.

Introduction:

In commemoration of Mahatma Gandhi's birth anniversary on October 2nd, we propose organizing a cleanliness drive in our college premises. The cleanliness drive aims to promote the ideals of cleanliness, hygiene, and civic responsibility, reflecting Gandhi's vision of a clean and sustainable environment.

Objective:

The primary objectives of organizing the cleanliness drive are to:

Raise awareness about the importance of cleanliness and hygiene among students and staff. Promote active participation and responsibility towards maintaining a clean environment. Enhance the aesthetic appeal and overall hygiene standards of the college campus. <u>Activities:</u>

The cleanliness drive will include the following activities:

<u>Campus Cleanup</u>: Participants will gather at designated areas within the college premises to clean up litter, remove debris, and ensure proper disposal of waste.

<u>Gardening and Beautification</u>: Volunteers will engage in gardening activities, including planting trees, flowers, and shrubs to enhance the greenery and aesthetics of the campus. <u>Awareness Campaign</u>: Concurrently, an awareness campaign will be conducted to educate participants about waste segregation, recycling practices, and the importance of maintaining a clean environment.



Pri Army Institut of Technolog Dighi Hillis, une - 4110 Date :













BLOOD DONATION CAMP:

ANNOUNCEMENT:

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EVENT:

The NSS Club of AIT conducted a Blood donation camp on the campus premises on the occasion of Vijay Diwas on 16th December 2023 in collaboration with AFMC .The event commenced with a dignified ribbon-cutting ceremony conducted by the esteemed director Brigadier Abhay Bhatt and Joint Director Col. MK Prasad . The AFMC doctors conducted all the proceedings. The NSS was successful in encouraging the students toward the noble cause and gathered donors in huge numbers. Students, faculty, and staff members actively participated in the blood donation camp, demonstrating a strong sense of social responsibility. After donating, the donors were given juice, banana, tea and biscuits.

The NSS club thanked AFMC staff and donors for making the event a success and were



Principal Army Institute of Technology une - 4110 Dighi Hillis, Date :







LADAKH STUDENTS VISIT TO AIT: ANNOUNCEMENT:

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LINK: <u>https://www.instagram.com/nss_and_rotaract_club_ait?igsh=bHRiNTRtcHB2aTdo</u> EVENT:

The NSS Club of AIT recently organized a remarkable event on 10th January 2024 where students from Druk Padma Karpo School, Ladakh along with Aseem foundation visited our esteemed campus. The primary aim of this event was to provide the visiting 10th class students with an insight into the diverse activities and opportunities at AIT. The event commenced with a short welcome session in Manekshaw Hall with our esteemed Joint Director Retd. Col. MK Prasad and a comprehensive tour of the AIT campus. NSS volunteers guided the students through the academic buildings, recreational areas, and other essential facilities. Snacks were provided to students and then NSS team showcased various clubs that are an integral part of campus life. Notable clubs included the Radio Club, EV Club (Electric Vehicle Club), and Robotics Club.

The NSS team guided the visiting students through the hostel facilities, common areas, and recreational spaces. One of the highlights of the event was the demonstration of a drone flight by AIT students. The drone, designed and built by AIT students, showcased the institution's commitment to technological innovation. This event not only strengthened the ties between our institution and Druk Padma Karpo School, Ladakh but also underscored the role of NSS in fostering a spirit of community service and engagement among students. The NSS club thanked students and teachers for visiting AIT.



Pri ncipa of Technology Army Institut une - 4110 Dighi Hillis, Date :

ORGANIZING QUIZ COMPETITION ON ARMY DAY: ANNOUNCEMENT:

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LINK: <u>https://drive.google.com/drive/folders/1Dd0s_5Jrv0nm8ij3cZNvbtPx5-XLqK0C</u> EVENT :

The NSS (National Service Scheme) Club of AIT (Army Institute of Technology) organized a quiz competition on 15 January 2024 (Army Day).

Introduction:

As part of the commemoration of Army Day, we propose organizing a quiz competition to celebrate the valor and achievements of our armed forces. The quiz competition aims to engage participants in a fun and educational activity while fostering a deeper appreciation for the sacrifices and contributions of our soldiers.

Objective:

The primary objective of organizing the quiz competition is to:

Educate participants about the history, traditions, and achievements of the army.

Foster a sense of patriotism and respect for the armed forces.

Provide a platform for interaction and learning among students.



Pri hcipa rmy Institute of Technolog Dighi Hillis, une - 4110 Date :









ROAD SAFETY AWARNESS SESSION:

ANNOUNCEMENT:

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LINK: https://drive.google.com/drive/folders/148juaLc2gu48NsHnshSVHo7ASWkJBSg9 EVENT:

The NSS (National Service Scheme) Club of AIT (Army Institute of Technology) organized Road safety awareness session. The session was conducted by col. Ajay desai from AFMC PUNE.

Introduction:

Road safety is a critical concern globally, with countless lives lost or impaired due to accidents each year. Recognizing the importance of raising awareness and promoting safe driving practices, we organized a Road Safety Awareness Session on [Date] at [Location]. The objective of this session was to educate participants about the importance of road safety and to provide them with practical tips to stay safe on the roads.

Session Overview:

The session began with an introduction highlighting the significance of road safety and the alarming statistics associated with road accidents. We emphasized the need for collective responsibility in ensuring road safety, stressing that even a single negligent act on the road can have devastating consequences.

Topics Covered:

<u>Understanding Road Risks</u>: We discussed common causes of road accidents such as speeding, distracted driving, driving under the influence, and reckless overtaking. Emphasis was placed on the importance of staying alert and vigilant while on the road. <u>Safety</u> <u>Regulations and Traffic Signs</u>: An overview of traffic laws and regulations was provided, along with an explanation of common traffic signs and signals. Participants were encouraged to familiarize themselves with these signs to better understand and adhere to road rules.

<u>Defensive Driving Techniques:</u> We introduced participants to the concept of defensive driving and shared practical tips to anticipate and avoid potential hazards on the road. Topics covered included maintaining a safe following distance, scanning the road ahead, and being prepared for unexpected situations.

<u>Vehicle Maintenance</u>: Proper vehicle maintenance plays a crucial role in ensuring road safety. We discussed the importance of regular maintenance checks, including brakes, tires, lights, and fluid levels, to prevent mechanical failures while driving.

<u>Pedestrian and Cyclist Safety:</u> Road safety isn't just about drivers; it's also about protecting pedestrians and cyclists. We highlighted the importance of respecting crosswalks, sharing the road responsibly, and being mindful of vulnerable road users.









CANDLE MARCH: ANNOUNCEMENT:

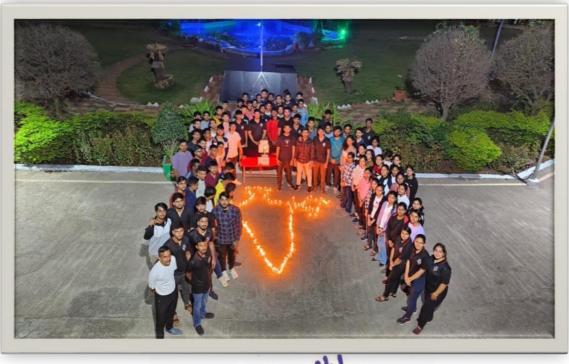
NSS Club of AIT made use of their social media handles,

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LINK: https://drive.google.com/drive/folders/1VG7EehX57ov-UYNQPoDAzhva-AwEFb1b

EVENT:

The NSS (National Service Scheme) Club of AIT (Army Institute of Technology) organized a poignant candle march on 26th November 2023/14 February 2024 to commemorate the brave soldiers who sacrificed their lives for the nation. A heartfelt speech was delivered by First year students. The speech emphasized the significance of remembering the Black Day and the need for unity against acts of terrorism. Our Director Brigadier Abhay Bhatt paid tribute to the lives lost during the 26/11 attacks/Pulwama attack and highlighted the resilience of the survivors. To further enhance the emotional resonance of the event, the AIT NSS Club organized a group song performance. A choir comprising talented students sang a soulstirring melody, echoing themes of hope, solidarity, and remembrance. Participants, including students, faculty, and staff, held lighted candles, creating a solemn and reflective atmosphere. This event, held on the solemn occasion of Black Day, was headed by the esteemed Director, Brigadier Abhay Bhat, and aimed to honor and remember the fallen heroes.







Army Institute of Technology Dighi Hillis, Pune - 411015

Date :

PLUS POLIO VACCINATION:

ANNOUNCEMENT:

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LINK: <u>https://drive.google.com/drive/folders/1VG7EehX57ov-UYNQPoDAzhva-AwEFb1b</u> EVENT :

The NSS (National Service Scheme) Club of AIT (Army Institute of Technology) organized Polio vaccination on 03 march 2024. In line with global efforts to eradicate polio and raise awareness about the importance of vaccination, we propose organizing an International Polio Day in our college. This event aims to educate students and the community about polio prevention, vaccination campaigns, and the ongoing efforts to eliminate this debilitating disease worldwide.

Objective:

The primary objectives of organizing International Polio Day are to:

Raise awareness about the risks of polio and the importance of vaccination.

Provide information on polio eradication initiatives and vaccination programs.

Mobilize support for polio eradication efforts and encourage participation in vaccination campaigns.

Foster a sense of responsibility and community engagement in promoting public health. <u>Activities:</u>

The International Polio Day event will feature a variety of activities designed to engage and educate Organizing International Polio Day presents a valuable opportunity to educate our college community about the importance of polio vaccination and contribute to global efforts to eradicate this disease. By raising awareness and mobilizing support, we can make significant strides towards a polio-free world.











NSS WINTER SPECIAL CAMP: ANNOUNCEMENT

NSS Club of AIT made use of their social media handles,

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LINK: <u>https://www.instagram.com/p/C4DkHq8SAtv/?igsh=bDVpc2VtM3ZzZ2Zn</u> EVENT:

The National Service Scheme Club of AIT organized the NSS Winter Camp 2024 from February 1st to 7th, 2024. The camp took participants on a 19km journey to Snehwan, a symbol of love and humanity, which provides underprivileged children with food, shelter, education, and a lifestyle to lead the nation's future. The camp was inaugurated by NSS faculty in charge Sanjay Gaikwad Sir, NSS Secretary Ashok Choudhary, and Snehwan founder Mr. Ashok Deshmane. The camp began with a morning yoga session with the children, followed by an energizing physical exercise session. Participants were then taken on a campus tour, where they were introduced to the facilities provided for the children, including a development center, library, music room, physics lab, and science center. The campus also offers sustainable energy sources, such as solar energy and biogas, and a rainwater harvesting system. The camp concluded with a lecture by Dr. Preeti Purohit on "No blame, no complain, no excuse."

The third day of the camp began with a yoga session for children, followed by an exercise session and running. The group, guided by seniors and Secretary Ashok Choudhary, taught the kids various sports and games, inspiring their eagerness to learn. They then took the kids to the labs to learn about science and its importance in our lives. The TE members and secretary interacted with senior students pursuing BCA, guiding them on career opportunities and teaching them about HTML, CSS, JavaScript, and cyber security. The kids showcased their physical strength and control, practicing 'lathi-Kathi' art with bamboo sticks. The fourth day began with yoga and physical training, followed by the faculty in charge teaching the importance of meditation and the Aana-Paan technique. Campus cleaning was a part of the camp, where non-academic skills were honed. The final task was to continue teaching and learning for the children, with the secretary's enthusiastic participation in the sessions. The camp concluded with a campfire.

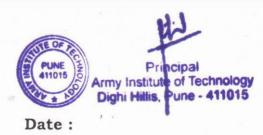
The 5th day of the winter camp began with a yoga session followed by a creative task of painting campus walls with science, fun, and cartoon characters. The activity revealed hidden talents in painting and drawing, turning the walls into vibrant colors. The afternoon session welcomed two guests, Dr. BP Patil, the principal of the college, and Mr. Amrut Deshmukh, founder of Booklet, a social entrepreneur and avid reader. The session focused on the importance of books and their role in helping individuals recover from depression. The camp also included playing with the kids, who were astonished by their skills and devotion.



The last day was unique, with a cleanliness drive and completing unfinished drawings on the campus. The director of the college, Brig. Abhay Bhatt, discussed career opportunities and the qualities required for a successful defense career. The camp provided an opportunity for students to develop their potential and contribute to a more developed nation.













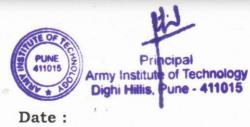












NSS SUMMER CAMP: ANNOUNCEMENT:

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LINK: <u>https://drive.google.com/drive/folders/1KojsIFwgQec80SpQXI0wz7gKjfUS1nzj</u> EVENT:

The National Service Scheme (NSS) Club of AIT organized a two-day Meditation Camp from [17TH April] to [18TH April]. The camp aimed to provide participants with a platform to learn and practice meditation techniques for enhancing mental well-being and inner peace.

Day 1:

The camp commenced with an inaugural ceremony where the faculty advisor of the NSS Club delivered the opening remarks, emphasizing the significance of meditation in today's stressful world. Following the inaugural session, a seasoned meditation instructor conducted a workshop on the fundamentals of meditation. Participants were introduced to various meditation techniques including mindfulness meditation, breathing exercises, and guided visualization.

Throughout the day, participants engaged in practical sessions where they learned to focus on their breath, observe their thoughts without judgment, and cultivate a sense of inner calmness. The sessions were interactive, allowing participants to ask questions and clarify their doubts. Additionally, group discussions were held to share personal experiences and insights gained from the practice.

In the evening, a special session on yoga and relaxation techniques was conducted to complement the meditation practice. Participants were taught simple yoga asanas and relaxation exercises to further enhance their physical and mental well-being.

Day 2:

The second day of the camp began with a guided meditation session at sunrise, providing participants with a serene environment to deepen their practice. Following the meditation session, there were discussions on the benefits of incorporating meditation into daily life and strategies for overcoming common challenges faced during meditation practice.

The highlight of the day was a session on the science behind meditation, where a guest speaker elucidated the physiological and psychological effects of meditation on the brain and body. This session provided participants with a deeper understanding of the mechanisms underlying the practice of meditation, motivating them to continue their meditation journey beyond the camp.

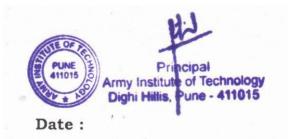


The camp concluded with a closing ceremony where participants shared their reflections on the experience and expressed gratitude to the organizers for providing them with this transformative opportunity. Certificates of participation were distributed to all participants as a token of appreciation for their active involvement in the camp.









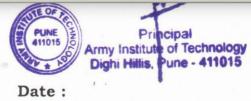






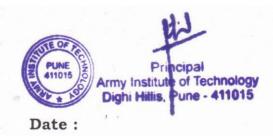












<u>CLEANLINESS DRIVE</u> : KUNDMALA RIVER <u>ANNOUNCEMENT:</u>

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LINK: <u>https://www.instagram.com/p/C6IoKZKxQao/?igsh=eGc2bHE5eThwZ3gw</u> EVENT :

The National Service Scheme (NSS) Club of AIT organized a cleanliness drive at Kundmala River on [4TH may 2024]. The objective of the drive was to raise awareness about the importance of environmental conservation and to actively contribute to the cleanliness of the river and its surroundings.

Preparation:

Prior to the event, extensive planning and coordination were carried out by the NSS Club members under the guidance of the faculty advisor. Necessary permissions were obtained from local authorities, and logistics such as gloves, garbage bags, and cleaning equipment were arranged. Publicity materials including posters and social media posts were disseminated to encourage maximum participation from both students and local residents.

Execution:

On the day of the cleanliness drive, participants gathered at the designated meeting point near Kundmala River. The event commenced with a brief orientation session where the importance of maintaining cleanliness and preserving natural ecosystems was highlighted. Volunteers were divided into teams and assigned specific areas along the riverbank for cleaning.

Armed with gloves and garbage bags, participants enthusiastically embarked on the cleanup drive, meticulously picking up litter and debris scattered along the riverbank. The cleanup efforts extended to not only collecting visible trash but also removing plastic waste and other pollutants that posed a threat to the river's ecosystem.

Throughout the cleanup drive, participants engaged in discussions about the detrimental effects of pollution on aquatic life and the environment. They also brainstormed ideas for sustainable waste management practices and ways to prevent littering in the future.

Community Engagement:

Apart from the active participation of NSS Club members, the cleanliness drive attracted the attention of local residents and passersby. Many residents joined in voluntarily, expressing their support for the initiative and recognizing the importance of collective action in preserving the environment.







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Date :





<u>CLEANLINESS DRIVE</u> : AIT CAMPUS <u>ANNOUNCEMENT:</u>

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LINK: https://www.instagram.com/p/C6nd76WInAy/?igsh=MTliOGc3YjdwcHBucQ==

EVENT:

The National Service Scheme (NSS) Club of AIT organized a cleanliness drive within the college campus premises on [5TH may 2024]. The primary objective of the drive was to instill a sense of responsibility among students towards maintaining cleanliness and hygiene in their surroundings.

On the designated day, participants gathered at football ground location within the college campus to kick-start the cleanliness drive. The event commenced with a brief orientation session where the importance of cleanliness and its impact on the overall well-being of the college community were emphasized.

Volunteers were divided into teams and assigned specific areas of the campus for cleaning. Each team enthusiastically took on their responsibilities, focusing on tasks such as sweeping pathways, picking up litter, clearing garbage bins, and tidying up common areas such as classrooms, corridors, and cafeterias.

Throughout the cleanliness drive, participants worked tirelessly, demonstrating a strong sense of teamwork and dedication towards the common goal of achieving a clean and hygienic campus environment. The efforts were not only aimed at immediate cleanliness but also at fostering a culture of responsibility and civic-mindedness among the college community.

The cleanliness drive garnered significant attention and participation from both students and faculty members. Many individuals joined in voluntarily, recognizing the importance of maintaining a clean and healthy environment for all members of the college community. The collaborative spirit displayed during the event underscored the collective commitment towards promoting cleanliness and hygiene within the campus premises.

The cleanliness drive organized by the NSS Club at AIT was a resounding success, thanks to the active participation and enthusiasm of all involved. The event not only contributed to the immediate goal of achieving a clean campus environment but also served as a platform for raising awareness about the importance of cleanliness and fostering a sense of community responsibility.



















